

## DR. MARTIN LUTHER KING JR. DAY

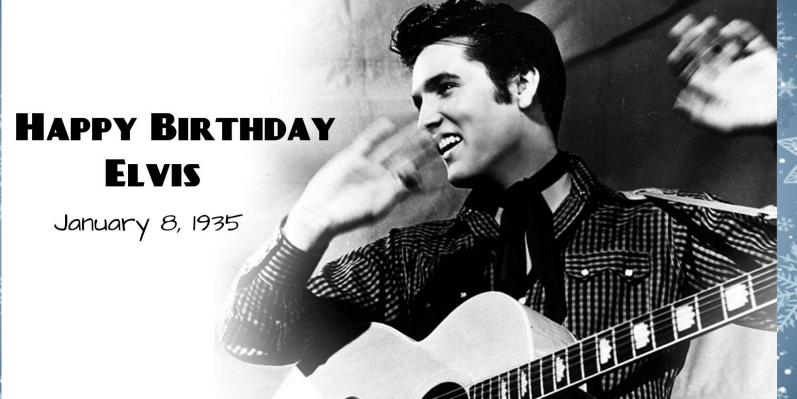
(January 15, 1929 - April 4, 1968)

Reflect on the principles of racial equality and nonviolent social change espoused in USA by Dr.Martin Luther King.











Tuesday **Thursday Friday** anuary Sunday Monday Wednesday Saturday Daily Meal **NEW YEARS DAY** 10:00am-Morning Music 1 **10:00am**-**Morning** <u>10:00am-</u>Morning Music **კ** 10:30am-Hydration Music 10:30am– Dailv Newsletter **Schedule:** <u> 10:00am-</u>Morning Music Station & Tasks 10:30am - Daily Newsletter 10:45am - Manicures Capricorn 8:00am*Breakfast* <u> 10:30am –</u> Puzzles 2:00pm- YouTube Sing A 11:00am - One on Ones/ 2:00pm-Dara Flute 2:00pm-YouTube Church Tasks Long Performance 12:30pm Lunch <u>2:00pm–</u>Flower Arranging 3:00pm-Movie & Popcorn Service 3:30pm-Wine & Crossword 5:30pm Dinner 3:00pm-Mandala Art 3:00pm- Bingo Puzzle **Shannon out** <u>10:00am – Morning Music <sub>1 1</sub> </u> <u>10:00am-</u> Morning <u> 10:00am–</u>Morning Music 5 <u> 10:00am – Morning</u> <u>10:00am</u>-Morning <u> 10:00am –</u> Morning <u>10:00am-</u> Morning 10:30am - Hydration Music Music <u> 10:30am–</u>Hydration Station Music Music Music December 22 - January 20 <u>10:30am-</u>Daily Newsletter Station & Tasks 10:30am - Daily Newsletter <u> 10:30am –</u> Daily Newsletter 10:30am - Daily Newsletter 10:30am - Daily Newsletter & Tasks <u>11:30am-</u>Sit & Stretch, <u>2:00pm-</u> YouTube Sing A <u> 11:00am-</u> One on Ones/ <u>11:30am–</u>Church Service <u>11:00am-</u> One on Ones/ <u>11:30am</u>-Sit & Stretch, 10:45am- Manicures (3rd Floor) Tasks Long 2:00pm-Duke Ladd Piano (3rd Floor) Video Aquarius <u>2:30pm-</u>Memory Monday: <u>2:00pm–</u>Flower Arranging 3:00pm- Movie & Popcorn **Performance** <u>2:00pm–</u>Balloon Volleyball <u>2:00pm-</u> 50 States: Alabam 2:00pm-YouTube Church Remembering Sledding 3:00pm-Bingo 3:00pm- Ukulele Concert, 3:30pm-Wine & Crossword <u>3:00pm-</u> Movie & Popcorn Service Puzzle (Lobby) <u>3:00pm-</u> Trivia 10:00am-Morning Music <u>10:00am-</u>Morning Music<sub>1</sub>5 <u>10:00am</u>-Morning <u> 10:00am – Morning</u> **10:00am**-**Morning 10:00am**– Morning Music **?** <u> 10:00am – Morning</u> 16 Music 10:30am-Hydration <u> 10:30am –</u> Tasks & Music Music 10:30am- Hydration Station Music <u>10:30am - Tasks & </u> Station & Tasks 10:30am - Daily Newsletter 10:30am - Daily **Hydration Station** ENGLISH TRANSLATION: THE WATER CARRIER & Tasks <u> 10:30am – Daily Newsletter</u> **Hydration Station** 2:00pm- YouTube Sing A <u>11:30am</u>-Sit & Stretch, Newsletter <u> 11:30am - Sit & Stretch,</u> <u>11:30am -</u> Church Service 10:45am-Manicures 11:00am - Elvis Preslev (3rd Floor) 11:15am-Chair Exercise, (3rd Floor) Lona January 20 - February 18 Video 2:00pm-Ray & Jeff Guitar Concert Video 2:30pm-Cooking Vegetable 3:00pm- Movie & Popcorn (3rd Floor) 2:00pm- YouTube Church 2:00pm– Balloon Vollevball **Performance** 2:00pm- Scotti Strings <u>2:00pm</u>- 50 States: Alaska Soup Service 3:00pm- Movie & Popcorn 3:30pm-Wine & Crossword Concert, (2nd Floor) 3:00pm- Dave Bohn Guitar 3:00pm-Strawberry Ice Puzzle 3:30pm- Flower Arranging Performance, (2nd Floor) Cream Social Shannon out; will be at Conference 10:00am-Morning Music <u>10:00am-</u>Morning Music<sub>1 Q</sub> MLK JR DAY <u>10:00am</u>-Morning <u> 10:00am – Morning</u> 23 <u>10:00am-</u> Morning 20 10:00am- Morning <u> 10:00am – Morning</u> 10:30am - Wilmington 10:30am-Hydration Music Music Music Music Music Academy of Arts and Science **Station & Tasks** <u>10:30am</u>- Daily 10:30am - Daily Newsletter 10:30am - Daily Newsletter 10:30am - Daily Newsletter <u>10:30am</u>- Daily Students come to visit all 11:30am - Church Service Newsletter 11:30am - Sit & Stretch, 10:45am-Manicures <u>11:00am</u>- One on Ones/ Newsletter floors Video 11:00am- One on Ones/ (3rd Floor) 2:00pm- Ball Drumming Tasks <u>11:30am-</u>Sit & Stretch, (3rd <u>2:00pm-</u> YouTube Sing A <u>2:00pm–</u>Balloon Volleyball 2:00pm-YouTube Church 2:00pm- Flower Arranging 2:30pm-Party Planning Floor) Lona <u>3:00pm-</u> *Movie & Popcorn* 2:00pm- 50 States: Arizona | Service **Committee** <u>3:00pm</u>–Bingo <u>2:30pm-</u>Memory Monday: 3:00pm- Movie & Popcorn 3:00pm- January Tea Party 3:00pm- Trivia 3:30pm-Wine & Crossword Remembering Ella Birthday Bash Puzzle Fitzgerald & MLKJr. CHINESE NEW YEAR/LUNAR  $26|_{10:00am-Morning}$ <u>10:00am</u>-Morning <u> 10:00am - Morning</u> 77 <u>10:00am</u>-Morning 30 <u>10:00am</u>-Morning 31 No. VEAR Morning Music Music Music Music Music Music 10:30am - Daily Newsletter <u>10:30am</u>-Hydration Station <u>10:30am</u>-Daily Newsletter 10:30am-Daily Newsletter <u> 10:30am –</u> Daily Newsletter 10:30am - Daily Newsletter 11:00am - One on Ones/ & Tasks 11:30am-Sit & Stretch, (3rd 11:15am-Chair Exercise, 10:45am- Manicures 11:30am-Sit & Stretch, (3rd <u>11:30am-</u>Church Service (3rd Floor) Tasks Floor) 2:30pm-Bus tour of Floor) <u>2:00pm-</u> Flower Arranging <u>2:30pm–</u> Making Fruit Salad | <u>2:00pm–</u> 50 States: Arkanso Wilmington Outing January 13th 2:00pm-Chinese New Year 3:00pm-Bingo 2:00pm-Balloon Volleyball 3:00pm-Dirty Laundry Party 3:00pm-Movie & Popcorn Game <u>3:00pm-</u> Pastor Mike

**Patricia Woodard** (94 y/o)

**Brenda Woodruff** January 30th (77 y/o)

New Year's Day. A fresh start. A new chapter waiting to be written.

**ACTIVITIES MAY BE CANCELED** OR RESCHEDULED DUE TO **INCLIMATE** WEATHER OR **CERTAIN CIRCUMSTANCES** 

Salon Services

call Johnna

(631) 601-9690

Services For appointments

Nail

For appointments call Kim 910-231-5147

Ashcraft Church Service

**Taylor Deloney** Administrator Spenser Harris Director of Nursing Shannon Young 1st Floor Activity Director Meredith Mercer 2nd & 3rd Floor Activity Director Jen Velardo Business Office Manager Amy Skinner Social Worker Keira Sciance Therapy Director Hanna Bell Admissions Coordinator Sarah Marable Admissions Coordinator Karen Johnson Transportation Liany Medinamaldoando Nursing Secretary

Chandler Thigpen 1st Floor Unit Manager Liana Hunt 2nd Floor Unit Manager Jennifer Jester 2nd Floor Unit Manager Milo Buehler Dietary Director Joe Smith Maintenance Director Justin Hollis Housekeeping Director Nicole Blanks Medical Records **Christina Guerrero** Administrative Assistant