

# August

## August Birthstone

Peridot



Symbolizing dignity, fame, and prosperity, Peridots have been used in jewellery through the ages to achieve peace and success, and to attract love and good fortune. Hawaiians believe the traces of peridot found in volcanic ash are the tears of the volcano goddess, Pele.



INTERNATIONAL PEACE MONTH

AUGUST

**August 2024  
BRADLEY CREEK HEALTH CENTER  
ACTIVITIES CALENDAR  
740 Diamond Shoals Road  
Wilmington, NC 28403  
FRONT DESK: 910-769-7550  
MEREDITH'S OFFICE:  
910-769-7523**

August is Romance Awareness Month  
[www.KristinHolt.com](http://www.KristinHolt.com)



National Sandwich Month

Hello August

- Authenticity starts with
- Understanding your worth and
- Glowing in your way because a
- Unique, imperfect, and different
- Self is much better
- Than the perfect clone

[OurMindfulLife.com](http://OurMindfulLife.com)

August NATIONAL  
**WELLNESS**  
MONTH



**FAMILY FUN MONTH**

**HAPPINESS HAPPENS MONTH**

**CELEBRATE NATIONAL GOLF MONTH**



National Dog Month



**BRADLEY CREEK HEALTH CENTER**  
AT CAROLINA BAY

AUGUST BIRTH FLOWER

Gladiolus



- STRENGTH
- INTEGRITY
- REMEMBRANCE
- INFATUATION

# August 2024



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**AUGUST BIRTH FLOWER**  
*Gladiolus*

- STRENGTH
- INTEGRITY
- REMEMBRANCE
- INFATUATION

1  
**11:00 UNO CARD GAME, 3rd Floor**  
**2:00 BOWLING, 3rd Floor**  
**3:00 BINGO, 3rd Floor**  
**5:00 SOCIAL HOUR, 3rd Floor**

2  
**10:30 MANICURES, 2nd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor**  
**1:30 BRIDGE CLUB, 3rd Floor**  
**3:00 BLACKJACK & ICECREAM SANDWICHES, 3rd Floor**

3  
**3:00 BINGO, 3rd Floor**

**Mary Shuping August 1st (3002)**  
**Charles Nichols August 5th (3016)**  
**Betty Wooten August 8th (3026)**  
**Ray Gasper August 13th (3011)**  
**Janis Norris August 15th (3019)**  
**Geraldine Fulton August 29th (3031)**

4  
**National Sister Day**

5  
**10:00 1:1's, 2nd Floor (room to room)**  
**11:00 PET THERAPY, 3rd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**2:00 BINGO, 3rd Floor**  
**Meredith out of building.**

6  
**10:30 HYDRATION STATION & SNACK, 3rd Floor**  
**11:00 WALKING CLUB, 3rd Floor**  
**1:30 BRIDGE CLUB, 3rd Floor**  
**2:30 ROOT BEER & ORANGE FLOATS, 3rd Floor**  
**3:00 KARAOKE, 3rd Floor**

7  
**10:30 CHURCH SERVICE, 3rd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**12:45 CAKE CELEBRATION, 3rd Floor Dining Room**  
**1:30 BRIDGE CLUB, 3rd Floor**  
**2:00 FLUTE PERFORMANCE, 3rd Floor**  
**3:30 MANICURES, 3rd Floor**

8  
**9:30 SENIOR BEACH DAY!!**  
**MEET IN LOBBY**

9  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor**  
**2:00 DUKE LADD PIANO CONCERT, 3rd Floor**  
**3:30 MOVIE & POPCORN, 3rd Floor**

10  
**NATIONAL BOWLING DAY**

11  
**National Son's and Daughter's Day**

12  
**10:00 1:1's. 2nd Floor (room to room)**  
**11:00 PARTY PLANNING COMMITTEE, 3rd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**2:00 BINGO, 3rd Floor**  
**3:30 PRAYER CIRCLE, 3rd Floor**

13  
**11:15 CHAIR ZUMBA, 3rd Floor**  
**1:30 BRIDGE CLUB, 3rd Floor**  
**2:00 BIRTHDAY BASH RAY'S 100TH BIRTHDAY!!, 3rd Floor**  
**3:00 DAVE BOHN CONCERT, 2nd Floor**

14  
**10:30 CHURCH SERVICE, 3rd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 HARP MUSIC, 2nd Floor (In room)**  
**1:30 BRIDGE CLUB, 3rd Floor**  
**2:00 WINE WEDNESDAY & MANICURES, 3rd Floor**

15  
**10:30 HYDRATION STATION & SNACK, 3rd Floor**  
**11:00 WALKING CLUB, 3rd Floor**  
**2:00 SCOTTI STRINGS CONCERT, 2nd Floor**  
**3:00 BINGO, 2nd Floor**  
**5:00 SOCIAL HOUR, 3rd Floor**

16  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor**  
**2:00 RAY & JEFF CONCERT, LOBBY**  
**3:30 MOVIE & POPCORN, 3rd Floor**

17  
**National Thrift Shop Day**  
 AUGUST 17  
 Come on in & celebrate with double punches!

18  
**ICE CREAM PIE DAY**

19  
**10:00 1:1's, 2nd Floor (room to room)**  
**11:30 SIT & STRETCH, 3rd Floor**  
**2:00 BINGO, 3rd Floor**  
**3:30 PRAYER CIRCLE, 3rd Floor**

20  
**10:30 HYDRATION STATION & SNACK, 3rd Floor**  
**11:00 WALKING CLUB, 3rd Floor**  
**1:00 BRIDGE CLUB, 3rd Floor**  
**2:30 GAME NIGHT, 3rd Floor**

21  
**10:30 CHURCH SERVICE, 3rd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 HARP MUSIC, 2nd Floor**  
**1:30 BRIDGE CLUB, 3rd Floor**  
**2:00 WINE WEDNESDAY & MANICURES, 3rd Floor**  
**4:00 DIETARY COMMITTEE, 1ST Floor Classroom**

22  
**11:00 WII SPORTS GAME, 3rd Floor**  
**1:30 MAKING HAND/BODY SOAP, 3rd Floor**  
**3:00 BINGO, 3rd Floor**  
**5:00 SOCIAL HOUR, 3rd Floor**

23  
**10:30 MANICURES, 2nd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor**  
**2:30 ICE CREAM SOCIAL, LOBBY**  
**3:00 ALLAN NICOSIA CONCERT, LOBBY**

24  
**NATIONAL WAFFLE DAY**

25  
**Happy National Banana Split Day!**

26  
**10:00 1:1's, 2nd Floor (room to room)**  
**11:00 PET THERAPY, 3rd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**2:00 BINGO, 3rd Floor**  
**4:00 RESIDENT COUNCIL, 1ST Floor Classroom**

27  
**10:00 1:1's, 2nd Floor**  
**10:30 HYDRATION STATION & SNACK, 3rd Floor**  
**11:00 WALKING CLUB, 3rd Floor**  
**2:00 BUNCO GAME, 3rd Floor**  
**3:30 MILKSHAKE BAR, 3rd Floor**

28  
**10:30 CHURCH SERVICE, 3rd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 HARP MUSIC, 2nd Floor**  
**1:30 BRIDGE CLUB, 3rd Floor**  
**2:00 WINE & MANICURES, 3rd Floor**  
**6:30 FEBES CONCERT, CAROLINA BAY**

29  
**11:00 TILE PAINTING, 3rd Floor**  
**2:00 CORN HOLE TOURNAMENT, 3rd Floor**  
**3:00 BINGO, 3rd Floor**  
**5:00 SOCIAL HOUR, 3rd Floor**

30  
**10:30 MANICURES, 2nd Floor**  
**11:30 SIT & STRETCH, 3rd Floor**  
**1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd Floor**  
**2:30 SMORES & STORIES, 3rd Floor**  
**3:30 MOVIE & POPCORN, 3rd Floor**

31  
**eat outside day**  
 AUGUST 31

**Susan Robinson August 29th (3015)**

**National Dog Month**

ORLANDO MOM

**Hair Services**

For appointments call  
**Johanna Martinez**  
 631-601-9690

**Nail Services**

For appointments call  
**Kim**  
 910-231-5147

Taylor Deloney Administrator  
 Shannon Young 1st Floor Activity Director  
 Meredith Mercer 2nd & 3rd Floor Activity Director  
 Amy Skinner Social Worker  
 Jennifer Velardo Business Office Manager  
 Keira Sciance Therapy Director  
 Hanna Bell Admissions Coordinator  
 Sarah Marable Admissions Assistant  
 Karen Johnson Transportation  
 Alexa Woodward MDS Coordinator

Angie Hartzell Staff Development Coordinator  
 Spenser Harris Director of Nursing  
 Chandler Thigpen 1st Floor Unit Manager  
 Jenn Jester 3rd Floor Unit Manager  
 Daniel Fisher Dietary Director  
 Joe Smith Maintenance Director  
 Justin Hollis Housekeeping Director  
 Nicole Blanks Medical Records  
 Liany Medinamaldonado Scheduler