

Symbolizing dignity, fame, and prosperity.

Peridots have been used in jewellery through the ages to achieve peace and success, and to attract love and good fortune. Hawaiians believe the traces of peridot found in volcanic ash are the tears of the volcano goddess, Pele.



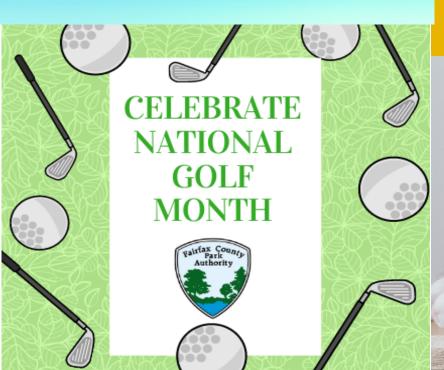




WELLNESS



MONTH







National Dog Month





Hello August

- Authenticity starts with
- Understanding your worth and
- Glowing in your way because a
- Unique, imperfect, and different
- Self is much better
- Than the perfect clone



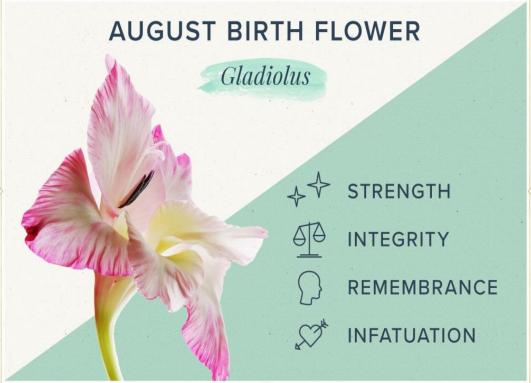
Our Mindful Life.com

August 2024 BRADLEY CREEK HEALTH CENTER ACTIVITIES CALENDAR 740 Diamond Shoals Road Wilmington, NC 28403 FRONT DESK: 910-769-7550 MEREDITH'S OFFICE: 910-769-7523



BRADLEY CREEK HEALTH CENTER

AT CAROLINA BAY



August 2024



Mary Shuping August 1st (3002)

Charles Nichols August 5th (3016)

Betty Wooten August 8th (3026)

Ray Gasper August 13th (3011)

Janis Norris August 15th (3019)

Geraldine Fulton August 29th (3031)

Susan Robinson August 29th (3015)

Friday Sunday Tuesday Wednesday **Thursday** Monday 10:30 MANICURES, 2nd 2



11



11:00 UNO CARD GAME. 3rd Floor 2:00 BOWLING, 3rd Floor 3:00 BINGO, 3rd Floor 5:00 SOCIAL HOUR, 3rd **Floor**

11:30 SIT & STRETCH, 3rd 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd 1:30 BRIDGE CLUB, 3rd 3:00 BLACKJACK & ICECREAM SANDWICHES, 3rd Floor

11:30 SIT & STRETCH,



3:00 BINGO, 3rd Floor

Saturday



10:00 1:1's, 2nd Floor (room to room) 11:00 PET THERAPY, 3rd **Floor** 11:30 SIT & STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor Meredith out of building.

10:30 HYDRATION STATION & SNACK. 3rd **Floor** 11:00 WALKING CLUB, 3rd 1:30 BRIDGE CLUB, 3rd 2:30 **ROOT BEER &** ORANGE FLOATS, 3rd **Floor** 3:00 KARAOKE, 3rd Floor

10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT & STRETCH, 3rd 12:45 CAKE CELEBRATION, 3rd Floor Dining Room 1:30 BRIDGE CLUB, 3rd 2:00 FLUTE PERFORMANCE, 3rd Floor 3:30 MANICURES, 3rd Floor

9:30 SENIOR BEACH 3rd Floor DAY!! 1:00 PLAIN TRUTH **MEET IN LOBBY** Floor 3rd Floor

CHRISTIAN SERVICE, 3rd 2:00 DUKE LADD PIANO CONCERT, 3rd Floor 3:30 MOVIE & POPCORN.



10:00 1:1's. 2nd Floor 12 (room to room) 11:00 PARTY PLANNING **COMMITTEE**, 3rd Floor 11:30 SIT & STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor 3:30 PRAYER CIRCLE, 3rd **Floor**

11:15 CHAIR ZUMBA, 13 3rd Floor 1:30 BRIDGE CLUB, 3rd **Floor** 2:00 BIRTHDAY BASH RAY'S 100TH BIRTHDAY!!. 3rd **Floor** 3:00 DAVE BOHN CONCERT 2nd Floor

14 | 10:30 HYDRATION 10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT & STRETCH, 3rd 1:00 HARP MUSIC, 2nd Floor (In room) 1:30 BRIDGE CLUB, 3rd **Floor** 2:00 WINE WEDNESDAY & MANICURES, 3rd Floor

STATION & SNACK, 3rd 11:00 WALKING CLUB, 3rd **Floor** 2:00 SCOTTI STRINGS CONCERT, 2nd Floor 3:00 BINGO, 2nd Floor 5:00 SOCIAL HOUR, 3rd **Floor**

11:30 SIT & STRETCH, 16 3rd Floor 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd **Floor** 2:00 RAY & JEFF CONCERT, **LOBBY** 3:30 MOVIE & POPCORN, 3rd Floor





18 **10:00 1:1's, 2nd Floor** 19 (room to room) 11:30 SIT & STRETCH, 3rd Floor 2:00 BINGO, 3rd Floor 3:30 PRAYER CIRCLE, 3rd **Floor**

10:30 HYDRATION STATION & SNACK, 3rd Floor 11:00 WALKING CLUB, 3rd Floor 1:00 BRIDGE CLUB, 3rd **Floor** 2:30 GAME NIGHT, 3rd **Floor**

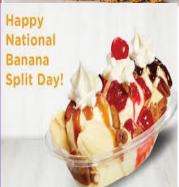
20 | 10:30 CHURCH SERVICE, 3rd Floor 11:30 SIT & STRETCH, 3rd 1:00 HARP MUSIC, 2nd 1:30 BRIDGE CLUB, 3rd 2:00 WINE WEDNESDAY & MANICURES, 3rd Floor 4:00 DIETARY COMMITTEE, 1ST Floor Classroom

11:00 WII SPORTS GAME 2.2. 3rd Floor 1:30 MAKING HAND/BODY SOAP, 3rd Floor 3:00 BINGO, 3rd Floor 5:00 SOCIAL HOUR, 3rd Floor

10:30 MANICURES, 2nd 23 11:30 SIT & STRETCH, 3rd **Floor** 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd 2:30 ICE CREAM SOCIAL, **LOBBY** 3:00 ALLAN NICOSIA CONCERT, LOBBY

3:00 BINGO, 3rd Floor 24





10:00 1:1's, 2nd Floor (room to room) 11:00 PET THERAPY, 3rd Floor 11:30 SIT & STRETCH, 3rd **Floor** 2:00 BINGO, 3rd Floor 4:00 RESIDENT COUNCIL, 1ST Floor Classroom

10:00 1:1's, 2nd Floor 27 10:30 HYDRATION STATION & SNACK, 3rd **Floor** 11:00 WALKING CLUB, 3rd **Floor** 2:00 BUNCO GAME, 3rd 3:30 MILKSHAKE BAR, 3rd **Floor**

10:30 CHURCH SERVICE, 28 3rd Floor 11:30 SIT & STRETCH, 3rd 1:00 HARP MUSIC, 2nd 1:30 BRIDGE CLUB, 3rd 2:00 WINE & MANICURES, 3rd Floor 6:30 FEBES CONCERT,

CAROLINA BAY

Nail

11:00 TILE PAINTING, 29 3rd Floor **2:00 CORN HOLE** TOURNAMENT, 3rd Floor 3:00 BINGO, 3rd Floor 5:00 SOCIAL HOUR, 3rd Floor

10:30 MANICURES, 2nd 30 11:30 SIT & STRETCH, 3rd Floor 1:00 PLAIN TRUTH CHRISTIAN SERVICE, 3rd 2:30 SMORES & STORIES, 3rd Floor 3:30 MOVIE & POPCORN, 3rd Floor



Hair Services



For appointments call Johanna Martinez 631-601-9690

Services

For appointments call Kim 910-231-5147

Taylor Deloney Administrator Shannon Young 1st Floor Activity Director Meredith Mercer 2nd & 3rd Floor Activity Amy Skinner Social Worker Jennifer Velardo Business Office Manager Keira Sciance Therapy Director Hanna Bell Admissions Coordinator Sarah Marable Admissions Assistant Karen Johnson Transportation Alexa Woodward MDS Coordinator

Angie Hartzell Staff Development **Spenser Harris** Director of Nursing Chandler Thigpen 1st Floor Unit Manage Jenn Jester 3rd Floor Unit Manager **Daniel Fisher** Dietary Director Joe Smith Maintenance Director Justin Hollis Housekeeping Director Nicole Blanks Medical Records Liany Medinamaldonado Scheduler