

YOUR TICKET, OUR RIDE. TRANSPORTATION PROVIDED TO...

BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.

MET OPERA “LA FILLE DU REGIMENT” AT UNCW FISHER CENTER

SATURDAY, MAY 4TH LEAVING AT 11:45AM FROM THE LOBBY

25 seats available on the coach. More seats available at 615 Hamilton Dr. Tickets required. To purchase tickets, call (910) 962- 3195. *

WILMINGTON SYMPHONY “RUSSIAN CLASSICS” AT THE WILSON CENTER

SATURDAY, MAY 4TH LEAVING AT 6:45PM FROM THE LOBBY

Free ticket to the first 8 residents to sign up! tickets required. To purchase tickets, you must call (910) 791-9262. 25 seats available on the coach. More seats available at theater at 703 N. 3rd St.

NC SYMPHONY “CARMINA BURANA” AT THE WILSON CENTER

SUNDAY MAY 5TH LEAVING AT 6:45PM FROM THE LOBBY

25 seats available on the coach. More seats available at theater at 703 N. 3rd St. Tickets required. To purchase tickets, call (877) 627-6724.

MET OPERA: “DIALOGUES DES CARMELITES” AT UNCW FISHER CENTER

SATURDAY, MAY 18TH LEAVING AT 11:45AM FROM THE LOBBY

25 seats available on the coach. More seats available at 615 Hamilton Dr. Tickets required. To purchase tickets, you must call (910) 962- 3195.

CAPE FEAR CHORDSMEN SPRING CONCERT- “VIGNETTES & COMPANY”

SATURDAY, MAY 18TH LEAVING AT 2:15PM FROM THE LOBBY

Held at Pine Valley United Methodist Church. Please see Tim Gukan or Clem Surak for tickets. 25 seats available on the coach. More seats available at theater at 3788 Shipyard Blvd.

PNC BROADWAY SERIES “KINKY BOOTS” AT THE WILSON CENTER

TUESDAY, MAY 2ND LEAVING AT 6:45PM FROM THE LOBBY

25 seats available on the coach. More seats available at theater at 703 N. 3rd St. Tickets required. Please only sign up after you have purchased your ticket. To purchase tickets, you must call (910) 362-7999.

UPCOMING PROGRAMS THIS MONTH...

A JOURNEY THROUGH THE BIBLE WITH BOB PERRY

FRIDAY'S AT 1:30PM IN THE CHAPEL

“52 WEEKS WITH JESUS” BIBLE STUDY LED BY CHAPLAIN JOHN SOLANO

MONDAYS AT 2:00PM IN THE CHAPEL

The book “52 Weeks with Jesus” by Dr. James Merritt will be used for this study. The book is required and may be ordered from Amazon or eBay. Life Enrichment Director can assist you in ordering your book.

POP-UP LULA ROE SHOP WITH JAIME CONTI

SATURDAY, MAY 4TH FROM 10AM-2PM IN THE FORUM

Browse through a variety of styles including dresses, tops, skirts and of course, leggings! If you’ve never tried on a pair of Lula Roe, now is your chance. These are the most comfortable (and adorable) leggings you will ever find! Accepts cash, check and all major credit cards.

THE GREAT COURSE: THE SKEPTIC'S GUIDE TO AMERICAN HISTORY TUESDAY'S AT 4:00PM IN THE FORUM

May 7th: World War II Misconceptions & Myths/Was The Cold War Inevitable?

May 14th: The Real Blunders Of The Vietnam War/Myths About American Wars

May 21st: Who Matters In American History?/History Did Not Begin With Us

MEN'S (& WOMEN'S) MOISTURIZING AND COOKIES WITH SETH GERARDOT

THURSDAY, MAY 9TH AT 3:00PM IN THE ART STUDIO

Our favorite Seth might surprise you with his skincare knowledge. He has been using the Mary Kay Skin Care Line and has a thing or two to share with you! (and of course, cookies too!)

“MOM” BREAKFAST MORNING SERVING MUFFINS, ORANGE JUICE & MIMOSAS

FRIDAY, MAY 10TH AT 9:00AM IN THE LIGHTHOUSE MARKET

ALOHA LIBRARY MONTHLY VISIT

FRIDAY, MAY 10TH AT 11:30AM IN THE LOBBY LOUNGE

This “Library on Wheels” is fully equipped to provide nearly all of the services found at the New Hanover County Public Library. Sign up for a library card, check out & return books & dvds, and picking up books put on hold from the online library catalog.

WINE & CHEESE SOCIAL WITH AL DIMARCO ON PIANO

FRIDAY, MAY 10TH AT 4:00PM IN THE FORUM

CARING & SHARING GROUP

EVERY OTHER WEDNESDAY AT 3:00PM IN THE LOBBY

(Formerly known as the Knit, Stitch, Craft & Chat Group) Bring any kind of project you are working on, whether it be knitting, crocheting, embroidery, hand sewing projects & more to work together, encourage creativity and share your stories with others with similar interests. Now working on Fidget Mats!

CARTE BOUTIQUE ALFRED DUNNER MOBILE STORE

THURSDAY, MAY 16TH FROM 10AM-2PM SET UP IN THE FORUM

Set up for the latest Spring Fashions in the Forum. Cash, check & credit card accepted!

BLOOM WITH ERIN “CREPE PAPER CALLA LILLY”

TUESDAY, MAY 21ST AT 2:00PM IN THE ART STUDIO

LANCOME MAKE-UP PERSONAL APPOINTMENTS & FACIALS

WEDNESDAY, MAY 22ND FROM 10AM-5PM IN THE ART STUDIO (SIGN UP FOR YOUR PERSONAL TIME)

WICKETS & WINE CROQUET GAME

WEDNESDAY, MAY 22ND AT 1:00PM IN THE COURTYARD



LIFE ENRICHMENT CALENDAR OF EVENTS



MAY 2019

630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around the 6 aspects of wellness; *Purposeful, Spiritual, Physical, Social, Emotional, Intellectual*

Shore Things This Month

SASSY CLASSICS ROCKETTE DANCE TROUPE PERFORMANCE

TUESDAY, MAY 14TH AT 4:00PM IN THE LIGHTHOUSE MARKET

Smashing costumes, complimentary libations and fabulous dance moves taught under the choreography of Freddie Lee Heath, come watch one of Miss North Carolina’s pageant top entertainment acts for the past couple years you wont want to miss! Ages range from 61 to 88 and rehearsal twice a week, these ladies are sure to inspire you to get up and get moving! Dancing to “Mama Mia”, “The Rhythm is Going to Get You,” “You Should Be Dancing,” and “Cabaret.”

WESTERMARK VOICE STUDIO PRESENTS CAROLINE BRAZA, TREBLE WITH “AN

AFTERNOON OF SONG”

SUNDAY, MAY 19TH AT 3:00PM IN THE FORUM

Caroline is the Granddaughter of Jim McGee a resident at Carolina Bay. 30-40 minute Performance .

SPEAKER: ANN LAREAU “AN OVERVIEW OF ALZHEIMER’S & DEMENTIA, PART 2”

THURSDAY, MAY 23RD AT 4:00PM IN THE FORUM

Learn the importance of capturing those with forms of dementia’s background information & how to use it to reduce stress of activities of daily living. In this session, learn how to identify behaviors that need to be addressed as well as the value of music therapy. Ann will review techniques to handle these challenging behaviors. Ann is trained by the NC Alzheimer’s Association & certified by the Teepa Snow of Alzheimer’s NC to teach the course. Family & care-givers are welcome & encouraged to attend this session.

PATRIOTIC SOCIAL WITH DUKE LADD ON PIANO WITH ROOT BEER FLOATS

FRIDAY, MAY 24TH AT 4:00PM IN THE FORUM

SPEAKER: HURRICANE PREPAREDNESS WITH AARON KASHLIS, EMS

WEDNESDAY, MAY 29TH AT 3:00PM IN THE FORUM

Learn what the EMS has to do to prepare for Hurricane season, along with some safety tips for yourself & loved ones. See in the inside of the ambulance and bring any questions you may have.

Out On The Town

6TH ANNUAL WILMINGTON JEWISH FILM FESTIVAL “PROMISE AT DAWN”

MONDAY, MAY 6TH LEAVING AT 6:15PM FROM THE LOBBY

Free ticket to the first 14 to sign up! Held at Thalian Theater. Follow the true story of French author Romain Gary as he re-counts his life in this richly colorful tapestry of poetry and adventure under the influence of a very strong Jewish mother. From his youth in Poland to fighting for France in WWII, this life story leads to a quiet and memorable ending. French/Polish/Spanish language with English Subtitles. Genre: Biography/Drama.

LUNCH AT STEAM RESTAURANT & TOUR OF ILM RAIL ROAD MUSEUM

TUESDAY, MAY 7TH LEAVING AT 11:45AM FROM THE LOBBY (LUNCH COST ON YOUR OWN)

THALIAN’S DRESS REHEARSAL OF “THE BEST LITTLE WHOREHOUSE IN TEXAS” AT THALIAN’S MAIN STAGE THEATER

THURSDAY, MAY 16TH LEAVING AT 6:45PM FROM THE LOBBY

FREE! Get ready for darn tootin’ good time with the ladies of the Chicken Ranch! Protected by a friendly sheriff and frequented by politicians, the “Chicken Ranch” thrived in the small town of Gilbert, Texas. However, a crusading do-gooder Houston radio commentator and his conservative audience expose the cathouse, forcing it to shut its doors forever. 25 seats available on the coach. More seats available at theater at 310 Chestnut St.

HORSEBACK RIDING AT COASTAL THERAPEUTIC HORSEBACK RIDING

MONDAY, MAY 20TH LEAVING AT 9:30AM FROM THE LOBBY (PRE-PAY ERIN BY WEDNESDAY, MAY 15TH)

It’s time to check something off of your bucket list! They have two riding rings and will soon be adding a covered, all weather riding arena. With extensive cleared trails that wrap around the farm great for shady hacks on the hot NC summers. And if riding isn’t your thing, you can ride with us to watch & visit other members of the farm.

LEWIS STRAWBERRY FARMS FOR FRESH BERRIES, HOMEMADE ICE CREAM & LOCAL PLANTS

FRIDAY, MAY 31ST LEAVING AT 2:00PM FROM THE LOBBY

Pick your own juicy berries or buy pre-picked flats to bring home. Lewis is known down their homemade ice cream, and has a beautiful patio to enjoy it on! They also have a beautiful variety of local plants in their greenhouse!

