

# YOUR TICKET, OUR RIDE. TRANSPORTATION PROVIDED TO...

## BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.

**UNCW JAZZ COMBOS CONCERT AT KENAN AUDITORIUM**  
*WEDNESDAY, APRIL 10TH LEAVING AT 6:45PM FROM THE LOBBY*

\$6.00 ticket required. To purchase tickets, call (910) 962-3500.

**NC SYMPHONY “MUSIC INSPIRED BY THE SEA” AT THE WILSON CENTER**  
*THURSDAY, APRIL 11TH LEAVING AT 6:45PM FROM THE LOBBY*

25 seats available on the coach. More seats available at theater at 703 N. 3rd St. Tickets required. To purchase tickets, you must call (877) 627-6724.

**MET OPERA “DIE WALKURE” AT UNCW FISHER CENTER**

*SATURDAY, APRIL 13TH LEAVING AT 11:45AM FROM THE LOBBY*

25 seats available on the coach. More seats available at theater at 615 Hamilton Dr. Tickets required. To purchase tickets, you must call (910) 962- 3195.

**CHAMBER MUSIC WILMINGTON- “VERA QUARTET”**

*SUNDAY, APRIL 14TH LEAVING AT 6:45PM FROM THE LOBBY*

free tickets to the first 8 to sign up! At Beckwith Hall. 25 seats available on coach. Tickets required. To purchase tickets, you must call (910) 962-3500.

**LUNCH @ THE PILOT HOUSE DOWNTOWN FOLLOWED BY TOUR OF WILSON CENTER**

*WEDNESDAY, APRIL 17TH LEAVING AT 11:45AM FROM THE LOBBY*

Tour the state-of-the-art auditorium hosting popular musical acts & Broadway plays, plus classical concerts after lunch at one of downtown Wilmington’s favorite restaurants.

**DINNER @ OKAMI JAPANESE STEAKHOUSE FOLLOWED BY UNCW SAXOPHONE**

**ENSEMBLE CONCERT**

*WEDNESDAY, APRIL 24TH LEAVING AT 4:45PM FROM THE LOBBY*

Dinner on your own. \$6.00 ticket required for show. To purchase tickets, call (910) 962-3500.

**PNC BROADWAY SHOW OF “CHICAGO” AT THE WILSON CENTER**

*FRIDAY, APRIL 26TH LEAVING AT 6:45PM FROM THE LOBBY*

25 seats available on the coach. More seats available at theater at 703 N. 3rd St. Tickets required. To purchase tickets, you must call (910) 362-7999.

# UPCOMING PROGRAMS THIS MONTH...

**NATIONAL WALKING DAY 1-MILE WATER WALK**

*WEDNESDAY, APRIL 3RD BEGINNING AT 2:00PM IN THE POOL*

**TGIF SPRING SOCIAL WITH RAY & JEFF ON GUITAR**

*FRIDAY, APRIL 5TH AT 4:30PM LOCATION TBD (WEATHER PENDING)*

**CREATING YOUR OWN CREPE PAPER TULIP**

*TUESDAY, APRIL 9TH AT 3:00PM IN THE ART STUDIO*

**CAPE FEAR CHORALE CONCERT**

*SUNDAY, APRIL 14TH AT 3:00PM IN THE FORUM*

**PLANTING FOR THE COURTYARD PLANTERS**

*MONDAY, APRIL 15TH AT 1:30PM IN THE COURTYARD*

**EVENING BINGO WITH MARSHALL**

*MONDAY, APRIL 22ND AT 7:30PM IN THE FORUM*

Please welcome Marshall Wiseman (Gay’s grandson) for an evening of Bingo! He has been working hard on completing community service hours for a honor’s society recognition and hopes you will be there!

**THE BABE BUS VIDEO CATCH UP WITH CASEY ROMAN**

*THURSDAY, APRIL 25TH AT 3:00PM IN THE FORUM*

Lets catch up on where Casey has been and what she had encountered during her track across America!

**TECH TUESDAY WITH ZACK**

*TUESDAY, APRIL 30TH AT 2:00PM IN THE FORUM*



LIFE ENRICHMENT CALENDAR OF EVENTS



APRIL 2019

630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around the 6 aspects of wellness; *Purposeful, Spiritual, Physical, Social, Emotional, Intellectual*

# Shore Things This Month

**NON-FICTION BOOK DISCUSSION LED BY MAGGIE PARISH**

*WEDNESDAY, APRIL 10TH AT 4:00PM IN THE ART STUDIO*

**LECTURING “FALLS PREVENTION” WITH MEREDITH SPELL RN,BSN, INJURY & VIOLENCE PREVENTION COORDINATOR, TRAUMA SERVICES WITH NHRMC**

*FRIDAY, APRIL 12TH AT 3:00PM IN THE FORUM*

Learn what to do and what not to do in the case of a fall, how to best get up.

**MAD HATTERS TEA PARTY**

*TUESDAY, APRIL 16TH AT 10:30AM IN THE FORUM (SIGN UP)*

Bring your favorite tea cup for the ultimate “tea party” experience.

**SPEAKER: COLETTE ANDERSON, DIRECTOR OF WILMINGTON RAILROAD MUSEUM**

*THURSDAY, APRIL 18TH AT 1:30PM IN THE FORUM*

**HEALTH DAY ON EARTH DAY**

*MONDAY, APRIL 22ND FROM 10-2PM IN THE COURTYARD*

Acai bowl samples from Clean Juice, Yoga & Tai Chi in the Courtyard, TRX Demonstration

# Out On The Town

**DAY TRIP TO VISIT SOUTH BAY AT MOUNT PLEASANT IN SOUTH CAROLINA**

*TUESDAY, APRIL 2ND LEAVING AT 8:30AM FROM THE LOBBY*

Tour the community and enjoy lunch before we return.

**SPEAKER: DR. LEN LECCI “DIAGNOSIS DEMENTIA: NOW WHAT?”**

*WEDNESDAY, APRIL 3RD LEAVING AT 4:15PM FROM THE LOBBY*

Dr. Len Lecci, PhD, Professor of Psychology, UNCW, Director of Clinical Services for MARS Memory-Health Network.

Will be held in Trask Coliseum classroom Room 119. You must sign up for this event.

**THALIAN DRESS REHEARSAL OF “DAMN YANKEES”**

*THURSDAY, APRIL 4TH LEAVING AT 6:45PM FROM THE LOBBY*

FREE! Held at Thalian Main Stage Theater. 25 seats available on the coach. More seats available at theater at 310 Chestnut St.

**EMPIE PARK SHUFFLEBOARD & LAWN GAMES PREP FOR SENIOR OLYMPICS**

*TUESDAY, APRIL 9TH LEAVING AT 11:00AM FROM THE LOBBY*

**THE ANNUAL EXTENSION MASTER GARDENER VOLUNTEER ASSOCIATION PLANT SALE AT THE ARBORETUM FOR COURTYARD PLATERS & FOR YOUR PORCH PLANTERS**

*FRIDAY, APRIL 12TH LEAVING AT 1:30PM FROM THE LOBBY*

Shoppers can purchase a number of in-house and locally grown herbs, vegetables, perennials, shrubs, trees, and native plants, as well as handmade wooden accessories. Chat with master gardener volunteers for advice on planting and long term care.

Over 10,000 plants available to purchase, let’s find something to grow in our courtyard planters!

**SENIOR GAMES OPENING CEREMONY AT EMPIE PARK**

*SATURDAY, APRIL 13TH LEAVING AT 9:15AM FROM THE LOBBY*

Entry forms to participate in events must be turned in to Haley by Friday, March 29th at noon. Registration forms are in the binder in the wellness center middle table. You may go to cheer on others. Hot dog lunch at site, Leaving at 1:30pm.

**THALIAN DRESS REHEARSAL OF “FOOTLOOSE”**

*THURSDAY, APRIL 25TH LEAVING AT 6:45PM FROM THE LOBBY*

Footloose is the story of Ren McCormack, a teenage boy from Chicago. He and his mother move to the small town of Bomont after his father abandons them. Upon arriving, Ren finds himself at odds with most of the town, including the Reverend Bomont. The Reverend has convinced the town to out-law dancing, which Ren finds unbelievable. With the help of the Ariel and Willard, Ren convinces the Reverend to let the teenagers dance.

**OLLI NEW HORIZON’S BAND CONCERT AT KENAN AUDITORIUM**

*MONDAY, APRIL 29TH LEAVING AT 6:45PM FROM THE LOBBY*



