YOUR TICKET, OUR RIDE. TRANSPORTATION PROVIDED TO...

BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.

UNCW JAZZ COMBOS CONCERT AT KENAN AUDITORIUM

WEDNESDAY, APRIL 10TH LEAVING AT 6:45PM FROM THE LOBBY

\$6.00 ticket required. To purchase tickets, call (910) 962-3500.

NC SYMPHONY "MUSIC INSPIRED BY THE SEA" AT THE WILSON CENTER

THURSDAY, APRIL 11TH LEAVING AT 6:45PM FROM THE LOBBY

25 seats available on the coach. More seats available at theater at 703 N. 3rd St. Tickets required. To purchase tickets, you must call (877) 627-6724.

MET OPERA "DIE WALKURE" AT UNCW FISHER CENTER

SATURDAY, APRIL 13TH LEAVING AT 11:45AM FROM THE LOBBY

25 seats available on the coach. More seats available at theater at 615 Hamilton Dr. Tickets required. To purchase tickets, you must call (910) 962-3195.

CHAMBER MUSIC WILMINGTON- "VERA QUARTET"

SUNDAY, APRIL 14TH LEAVING AT 6:45PM FROM THE LOBBY

free tickets to the first 8 to sign up! At Beckwith Hall. 25 seats available on coach. Tickets required. To purchase tickets, you must call (910) 962-3500.

LUNCH @ THE PILOT HOUSE DOWNTOWN FOLLOWED BY TOUR OF WILSON CENTER

WEDNESDAY, APRIL 17TH LEAVING AT 11:45AM FROM THE LOBBY

Tour the state-of-the-art auditorium hosting popular musical acts & Broadway plays, plus classical concerts after lunch at one of downtown Wilmington's favorite restaurants.

DINNER @ OKAMI JAPANESE STEAKHOUSE FOLLOWED BY UNCW SAXOPHONE

ENSEMBLE CONCERT

WEDNESDAY, APRIL 24TH LEAVING AT 4:45PM FROM THE LOBBY

Dinner on your own. \$6.00 ticket required for show. To purchase tickets, call (910) 962-3500.

PNC BROADWAY SHOW OF "CHICAGO" AT THE WILSON CENTER

FRIDAY, APRIL 26TH LEAVING AT 6:45PM FROM THE LOBBY

25 seats available on the coach. More seats available at theater at 703 N. 3rd St. Tickets required. To purchase tickets, you must call (910) 362-7999.

UPCOMING PROGRAMS THIS MONTH...

NATIONAL WALKING DAY 1-MILE WATER WALK

WEDNESDAY, APRIL 3RD BEGINNING AT 2:00PM IN THE POOL

TGIF SPRING SOCIAL WITH RAY & JEFF ON GUITAR

FRIDAY, APRIL 5TH AT 4:30PM LOCATION TBD (WEATHER PENDING)

CREATING YOUR OWN CREPE PAPER TULIP

TUESDAY, APRIL 9TH AT 3:00PM IN THE ART STUDIO

CAPE FEAR CHORALE CONCERT

SUNDAY, APRIL 14TH AT 3:00PM IN THE FORUM

PLANTING FOR THE COURTYARD PLANTERS

MONDAY, APRIL 15TH AT 1:30PM IN THE COURTYARD

EVENING BINGO WITH MARSHALL

MONDAY, APRIL 22ND AT 7:30PM IN THE FORUM

Please welcome Marshall Wiseman (Gay's grandson) for an evening of Bingo! He has been working hard on completing community service hours for a honor's society recognition and hopes you will be there!

THE BABE BUS VIDEO CATCH UP WITH CASEY ROMAN

THURSDAY, APRIL 25TH AT 3:00PM IN THE FORUM

Lets catch up on where Casey has been and what she had encountered during her track across America!

TECH TUESDAY WITH ZACK

TUESDAY, APRIL 30TH AT 2:00PM IN THE FORUM





LIFE ENRICHMENT CALENDAR OF EVENTS

APRIL 2019

630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around the 6 aspects of wellness; Purposeful, Spiritual, Physical, Social, Emotional, Intellectual

Shore Things This Month

NON-FICTION BOOK DISCUSSION LED BY MAGGIE PARISH

WEDNESDAY, APRIL 10TH AT 4:00PM IN THE ART STUDIO

LECTURING "FALLS PREVENTION" WITH MEREDITH SPELL RN,BSN, INJURY & VIOLENCE PRE-VENTION COORDINATOR, TRAUMA SERVICES WITH NHRMC

FRIDAY, APRIL 12TH AT 3:00PM IN THE FORUM

Learn what to do and what not to do in the case of a fall, how to best get up.

MAD HATTERS TEA PARTY

TUESDAY, APRIL 16TH AT 10:30AM IN THE FORUM (SIGN UP)

Bring your favorite tea cup for the ultimate "tea party" experience.

SPEAKER: COLETTE ANDERSON, DIRECTOR OF WILMINGTON RAILROAD MUSEUM

THURSDAY, APRIL 18TH AT 1:30PM IN THE FORUM

HEALTH DAY ON EARTH DAY

MONDAY, APRIL 22ND FROM 10-2PM IN THE COURTYARD

Acai bowl samples from Clean Juice, Yoga & Tai Chi in the Courtyard, TRX Demonstration

Out On The Town

DAY TRIP TO VISIT SOUTH BAY AT MOUNT PLEASANT IN SOUTH CAROLINA

TUESDAY, APRIL 2ND LEAVING AT 8:30AM FROM THE LOBBY

Tour the community and enjoy lunch before we return.

SPEAKER: DR. LEN LECCI "DIAGNOSIS DEMENTIA: NOW WHAT?"

WEDNESDAY, APRIL 3RD LEAVING AT 4:15PM FROM THE LOBBY

Dr. Len Lecci, PhD, Professor of Psychology, UNCW, Director of Clinical Services for MARS Memory-Health Network. Will be held in Trask Coliseum classroom Room 119. You must sign up for this event.

THALIAN DRESS REHEARSAL OF "DAMN YANKEES"

THURSDAY, APRIL 4TH LEAVING AT 6:45PM FROM THE LOBBY

FREE! Held at Thalian Main Stage Theater. 25 seats available on the coach. More seats available at theater at 310 Chestnut St.

EMPIE PARK SHUFFLEBOARD & LAWN GAMES PREP FOR SENIOR OLYMPICS

TUESDAY, APRIL 9TH LEAVING AT 11:00AM FROM THE LOBBY

THE ANNUAL EXTENSION MASTER GARDENER VOLUNTEER ASSOCIATION PLANT SALE AT THE ARBORETUM FOR COURTYARD PLATERS & FOR YOUR PORCH PLANTERS

FRIDAY, APRIL 12TH LEAVING AT 1:30PMFROM THE LOBBY

Shoppers can purchase a number of in-house and locally grown herbs, vegetables, perennials, shrubs, trees, and native plants, as well as handmade wooden accessories. Chat with master gardener volunteers for advice on planting and long term care. Over 10,000 plants available to purchase, let's find something to grow in our courtyard planters!

SENIOR GAMES OPENING CEREMONY AT EMPIE PARK

SATURDAY, APRIL 13TH LEAVING AT 9:15AM FROM THE LOBBY

Entry forms to participate in events must be turned in to Haley by Friday, March 29th at noon. Registration forms are in the binder in the wellness center middle table. You may go to cheer on others. Hot dog lunch at site, Leaving at 1:30pm.

THALIAN DRESS REHEARSAL OF "FOOTLOOSE"

THURSDAY, APRIL 25TH LEAVING AT 6:45PM FROM THE LOBBY

Footloose is the story of Ren McCormack, a teenage boy from Chicago. He and his mother move to the small town of Bomont after his father abandons them. Upon arriving, Ren finds himself at odds with most of the town, including the Reverend Bomont. The Reverend has convinced the town to outlaw dancing, which Ren finds unbelievable. With the help of the Ariel and Willard, Ren convinces the Reverend to let the teenagers dance.

OLLI NEW HORIZON'S BAND CONCERT AT KENAN AUDITORIUM

MONDAY, APRIL 29TH LEAVING AT 6:45PM FROM THE LOBBY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00-1 RSVT/L 11:00 Bridge Basics/CR 1:00 Hand & Foot Canasta/CR 2:00 "52 Weeks with Jesus" by John Solano/CH 3:00 Activity Committee/AS 4:00 DOLLAR BINGO/F 4-5 R4R Meeting/AS 5:15 3rd Floor Happy Hour 7:00 Movie/F	8:30 OUTING: Day Trip to South Bay/L 1:00 Mahjongg/CR 3:30 Kitchen Tour w/Mo/PUB 4:00 THE GREAT COURSE: Skeptics Guide to American History/CR 5:00 1st Floor Happy Hour/AS	9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 2:00 1 Mile Water Walk/AC 3:00 Caring & Sharing Group/L 4:15 OUTING: Speaker- Dr. Len Lecci on "Diagnosis Dementia: Now What?"/L 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL	7:30 CB LOSERS CLUB/LH 4 9:00-3 RSVT & Harris Teeter/L 1:30 Bridge Club/CR 6:45 OUTING: Thalian Dress Rehearsal of "Damn Yan-kees"/L 7:00 Billiards/BL	9:00-3 RSVT/L 9:30 Morning Painting/AS 1:00 Journey Through the Bible with Bob/CH 2:30 Maintenance Comm.Meet./CR 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 4:30 Ray & Jeff Social/CY 7:00 Movie & BYOD/F 7:45 Friday Bridge/CR	
9:30 Catholic Communion Service/BC /3rd Floor	NCAA CHAMPIONSHIP GAME 8 9:00-1 RSVT/L 10:00 Bible Study w/Beth/CH 11:00 Bridge Basics/CR 1:30 Book Club/CR 2:00 "52 Weeks with Jesus" led by John Solano/CH 3:00 Baywatch Meeting/AS 3:45-5 Caregiver Meeting/CH 5:15 3rd Floor Happy Hour 7:00 Movie/CR	11:00 OUTING: Empie Park 9 Shuffleboard & yard games/L 1:00 Mahjongg/CR 2:00 Making Crepe Paper Tulips/AS 4:00 THE GREAT COURSE: Skeptics Guide to American History/CR 5:00 1st Floor Happy Hour/AS	9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 1-3 1 Table RSVD-Walser/BL 1:30 Bridge Club/CR 2:00 Wellnesss Comm.Meet./WS 3:30 Dining Service Com. Meet./DR 4:00 Discussion w/Maggie—Non-fiction Readings/AS 5:00 2nd Floor Happy Hour 6:45 Trans. To: "UNCW Jazz Combos"/\$L 7:00 Poker Group/BL	7:30 CB LOSERS CLUB/LH 9:00-3 RSVT & Harris Teeter/L 10:00 Audiology of Wilmington/CR 11:00 Finance Comm.Meet/BL 1:30 Bridge Club/CR 4:00 Operations Comm.Meet./BL 6:45 Trans. To: NC Symphony "Debussy's LaMer"/\$L 7:00 Billiards/BL	9:00—3 RSVT /L 9:00 Breakfast Social: Bagels/LH 9-2:00 Forum RSVD/Ryan 9:30 Morning Painting/AS 11:30 ALOHA Library Visit/L 1:30 Journey Through the Bible with Bob/CH 1:30 OUTING: Plant Sale @ Arboretum/L 3:00 SPEAKER: Meredith Spell on Falls Prevention/F 7:00 Movie/F	9:15 OUTING: Senior Games Opening Ceremony/L 11:40 Trans. To: Met. Opera "Die Walkure"/\$L(Ends @ 6:20pm)
3:00 Cape Fear Chorale Concert/F	1:00 Bridge Basics/ CR 1:00 Hand & Foot Canasta/CR 1:30 Green Thumbs Planting/CY 2:00 "52 Weeks with Jesus" led by John Solano/CH 3:00 Baywatch Meeting/AS 4:00 DOLLAR BINGO/F 5:15 3rd Floor Happy Hour	10:30-12 4th Annual Mad 16 Hatter's Tea Party/F 1:00 Mahjongg/CR 4:00 THE GREAT COURSE: Skeptics Guide to American History/CR 5:00 1st Floor Happy Hour/AS	WILMINGTON RAILROAD MUSEUM 17 SET UP IN FORUM 9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 11:45 Trans. To: Lunch @ Pilot House and tour of Wilson Center/\$L 1:30 Bridge Club/CR 3:00 Caring & Sharing Group/L 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL	7:30 CB LOSERS CLUB/LH 9:00-3 RSVT & Harris Teeter/L 11:00 Environmental Comm. Meet/BL 1:30 Bridge Club/CR 1:30 SPEAKER: Colette Anderson, Wilmington Railroad Museum Director/F 7:00 Billiards/BL	GOOD FRIDAY & PASSOVER BEGINS 9:00—3 RSVT/L 9:30 Morning Painting/AS 11:00 Resident Council Meet./CR 1:30 Journey Through Bible with Bob/ CH 3:00 Seated Aerobics/WS 3:30 Line Dancing/WS 7:00 Movie/F 7:45 Bridge/CR	20
9:30 Catholic Communion Service/BC /3rd Floor	EARTH DAY 22 9:00-1 RSVT /L 10:00-2pm Health Day on Earth Day/CY (NO FUNCTIONAL FITNESS) 11:00 Bridge Basics/CR 2:00 "52 Weeks with Jesus" led by John Solano/CH 5:15 3rd Floor Happy Hour 7:00 Movie/CR	1:00 Mahjongg/CR 23 4:00 THE GREAT COURSE: Skeptics Guide to American History/CR 5:00 1st Floor Happy Hour/ AS	9:00-1 RSVT/L 10:30 Protestant Worship w/Jack Mills/BC/3rd Floor 1:30 Bridge Club/CR 4:45 OUTING: Dinner at Okami Japanese Steakhouse then UNCW Sax Ensemble Show/\$L 5:00 2nd Floor Happy Hour 7:00 Poker Group/BL MAY CALENDAR RELEASED	7:30 CB LOSERS CLUB/LIP 5 9:00-3 RSVT & Harris Tee- ter/L 1:30 Bridge Club/CR 3:00 "Babe Bus" Video Catch up/F 6:45 OUTING: TACT Dress Rehearsal "Footloose"/L 7:00 Billiards/BL	ARBOR DAY 9:00-3 RSVT/L 9:00 Breakfast: Krispy Kreme/LH 9:30 Morning Painting/AS 1:30 Journey Through the Bible w/ Bob/CH 3:00 How to Live at Carolina Bay/F 6:45 Trans. To: "Chicago"/\$L 7:00 Movie/F MAY SIGN UP BINDER OUT	1:00 Students of Emily Morgan Piano Recital/F
9:30 Catholic Communion Service/BC / 3rd Floor	11:00 Bridge Basics/CR 1:00 Hand & Foot Canasta/CR 2:00 "52 Weeks with Jesus" led by John Solano/CH	1:00 Mahjongg/CR 2:00 Tech Tuesday w/Zack/F 4:00 THE GREAT COURSE: Skeptics Guide to American History/CR 5:00 1st Floor Happy Hour/AS		-An		





5:00 1st Floor Happy Hour/AS

5:15 3rd Floor Happy Hour

Band Concert @ Kenan/L

7:00 Movie/F

6:45 OUTING: OLLI New Horizons

3:00 Piano Recital for Joanne

Riesz Students/F