

YOUR TICKET, OUR RIDE TRANSPORTATION PROVIDED TO...

BUY YOUR OWN TICKETS. RESERVE YOUR SEAT ONLY AFTER PURCHASED.
OUT TO THE MOVIES TO SEE “THE POST”

DAY & TIME TBA

A cover-up that spanned four U.S. Presidents pushed the country's first female newspaper publisher and a hard-driving editor to join an unprecedented battle between the press and the government. Rated: PG-13, 1 Hour & 56 Minutes, Genre: Biography/History/Drama

NORTH CAROLINA SYMPHONY “DAPHNIS AND CHLOE”

THURSDAY, FEBRUARY 8TH LEAVING AT 6:45PM FROM THE LOBBY

Love is in the air at the Symphony! Bring your Valentine for an evening of lush, heart-felt music, with Dvořák's charming Serenade for Strings and Ravel's passionate *Daphnis et Chloé*. *This event is open to those with season tickets only due to conflicting outing. At the Wilson Center . YOU MUST PURCHASE YOUR OWN TICKET.* At the Wilson Center. You must purchase your ticket by calling (877) 627-6724.

METROPOLITAN OPERA LIVE “DONIZETTI’S L’ELISIR D’AMORE”

SATURDAY, FEBRUARY 10TH LEAVING AT 11:00AM FROM THE LOBBY

Pre-Show displays behind the scenes. At UNCW’s Lumina’s Theater. You must purchase your own ticket by calling (910) 962-3195.

“CABARET” AT CFCC WILSON CENTER

TUESDAY, FEBRUARY 20TH, LEAVING @ 7:15PM FROM THE LOBBY

Tickets must have been pre-purchased on your own. **The bus is full.**

HAPPY HOUR OUT TO DECKHOUSE IN CAROLINA BEACH

THURSDAY, FEBRUARY 22ND, LEAVING AT 4:45PM FROM THE LOBBY

Lets go visit Lynne at her other “home base” for cocktails and dinner.

METROPOLITAN OPERA LIVE “PUCCINI’S LA BOHEME”

SATURDAY, FEBRUARY 24TH LEAVING AT 11:30AM FROM THE LOBBY

At UNCW’s Lumina Theater in Fisher Student Center. You must purchase your ticket by calling (910) 962-3195.

UPCOMING PROGRAMS THIS MONTH...

JEWELRY WITH FLORENCE

FRIDAY’S AT 1:30PM IN THE ART STUDIO

Want to learn how to make a necklace, bracelet/key chain, earrings or more? Florence enjoys sharing her time with all on Friday’s at 1:30pm to encourage more “home jewelers”!

CAPE FEAR MUSIC TEACHERS PROGRAM: WORKSHOP WITH CHRISSY RICKER

SATURDAY, FEBRUARY 3RD FROM 10-12NOON IN THE FORUM

Composer Chrissy Ricker will present a workshop about her compositions and the art of composing. Ms. Ricker resides in the Raleigh area and is a well-known composer of piano pieces. She will present some of her pieces and a few students from the area will also play her pieces. This is sponsored by the Cape Fear Music Teacher's Association. Anyone interested in hearing a composer talk is welcome to come. She will also take questions during the presentation.

PRIZE BINGO HOSTED BY RIGHT AT HOME HEALTH CARE

MONDAY, FEBRUARY 5TH AT 7:00PM IN THE CARD ROOM

It’s madness on Monday nights! Grab your seat while they last for a fun game of prize bingo! (FREE, bring a friend!)

TECH TUESDAY TOPICS WITH ZACK ALAIMO

TUESDAY, FEBRUARY 13TH AT 2:00PM: APPLE DEVICES IN THE FORUM

TUESDAY, FEBRUARY 27TH AT 2:00PM: ANDROID DEVICES IN THE FORUM

Your chance to pick our own “techy mind” to learn how to use your device better! Please bring specific questions with you that others might benefit from learning!

INSPIRE INTERN, CHRISTINA PIERIE ON HEART HEALTH

WEDNESDAY, FEBRUARY 14TH AT 11:00AM IN THE WELLNESS STUDIO

You will learn about several heart diseases and what exercises you can do and what foods you can eat and what food to avoid to prevent these heart diseases and lead a happy and healthy life.



630 CAROLINA BAY DR. WILMINGTON, NC 28403

Your lifestyle calendar designed around the 6 aspects of wellness; *Purposeful, Spiritual, Physical, Social, Emotional, Intellectual*

Shore Things This Month

“GONE WITH THE WIND” LED BY ANNE BLACKBURN

PART I: FILM & DISCUSSION, TUESDAY, FEBRUARY 6TH @ 2:00PM IN THE FORUM

PART II: FILM & DISCUSSION, WEDNESDAY, FEBRUARY 7TH @ 2:00PM IN THE FORUM

Our very own Anne Blackburn will bring to you a revealing expose of GONE WITH THE WIND, the much beloved book and movie and its origins, including little known facts. The movie itself is 4 hours long, but will be divided between the two days – 2 hours will be shown each day, with discussion led by Anne after.

“GIVE MY REGARDS TO BROADWAY” MUSICAL PROGRAMS WITH PHIL BRUSCHI

THURSDAY, FEBRUARY 15TH AT 4:00PM IN THE FORUM

There is nothing more exciting and entertaining as a live Broadway Show. For decades, musicals have always been popular with audiences and some of the greatest songs ever written have made their debut on the Broadway stage before Hollywood turned many of them into film versions. The music of shows such as "Hello Dolly," "My Fair Lady," "A Chorus Line," "The Music Man," and "West Side Story" just to mention a few will be discussed in detail from the songwriters to the stage stars who performed them. Join Phil Bruschi as he sings some of the Best Broadway Songs from a variety of musicals over the years. So, come along and listen to the Lullabys of Broadway.

GUEST SPEAKER: WILMINGTON MAYOR BILL SAFFO

WEDNESDAY, FEBRUARY 21ST AT 4:00PM IN THE FORUM

Mayor Bill Saffo will give a talk on the state of the City of Wilmington. Mayor since 2006, Saffo has an exceptional understanding of all of the problems that the city faces.

Out On The Town

“ACCAPELLOOZA” HOSTED BY UNCW SEABELLES

SATURDAY, FEBRUARY 3RD LEAVING AT 6:15PM FROM THE LOBBY

There will be an a cappella group from UNC-Wilmington, NC State, UNC-Greensboro, and Appalachian State University. Guest performance by UNC-Wilmington’s very own *Physical Graffiti*, a hip-hop dance group. In total, there will be ten groups performing. Doors will open at 6:30pm and the event will begin at 7pm. This is a FREE event in Kenan Auditorium on campus at UNC-Wilmington.

THALIAN ASSOCIATION THEATER PRESENTS THE DRESS REHEARSAL OF “OLIVER!”

THURSDAY, FEBRUARY 8TH LEAVING AT 6:45PM FROM THE LOBBY/FREE

Consider yourself at home with Lionel Bart's classic musical based on Charles Dickens' novel, Oliver Twist. The Tony and Olivier Award-winning show is one of the few musicals to win an Academy Award for Best Picture and is widely hailed as a true theatrical masterpiece by actors and audience members alike.

MUSIC AT FIRST PRESBYTERIAN: TALLIS CHAMBER ORCHESTRA

SUNDAY, FEBRUARY 11TH LEAVING AT 4:00PM FROM THE LOBBY

Music at First is a monthly concert series featuring chamber music performed by local and nationally recognized musicians. Concerts include a wide variety of classical and folk music that span genres and centuries of music heard around the globe. Contributions accepted at the door.

CHAMBER MUSIC WILMINGTON PRESENTS “ACRONYM”

SUNDAY, FEBRUARY 25TH LEAVING AT 6:45PM FROM THE LOBBY (FIRST 10 TO SIGN UP FREE!)

Hailed as “groundbreaking” and “gutsy”, ACRONYM is more like a contemporary music group than an early music string band (yes, they call themselves a “band”), so don’t expect to hear anything stiff or artificial. Their sound is luxurious; their interpretations unabashedly expressive and warm. These modern troubadours perform the wild instrumental music of the seventeenth century, bringing to light delightfully lesser known composers of the early Baroque alongside fresh interpretations of Vivaldi. Their “Baroque with a Twist” selections are loaded with rhythmic and harmonic surprises and heartbreaking tunes.

CAMPUS VENUES

AS	Art Studio
BC	Bradley Creek
BL	Billiards Lounge
CBG	Carolina Bay Grill
CH	Chapel (2nd Floor)
CR	Card Room
CY	Courtyard
F	Forum
FC	Fitness Center
L	Lobby
LH	Lighthouse Market
LIB	Library
PDR	Private Dinning Room
PUB	Cape Fear Pub
SE	South Entrance
SPA	Reflections Spa & Salon
WL	Wellness Lounge
WS	Wellness Studio
ZG	Zen Garden

RSVT = Reserved Transportation

Bold = Reservation Required
@ Reservation Binders


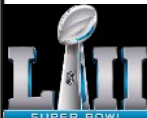


Front Desk 910-769-7500

Security 910-619-1921

Academy Awards Ceremony at Carolina Bay



**Friday, February
23rd at 4:00pm
in the Forum with
Scotti Stringz**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>REFLECTIONS</div> <div>SALON AND SPA</div> <div>SALON HOURS</div> <div>TUESDAY 9AM-4PM</div> <div>WEDNESDAY 9AM-4PM</div> <div>THURSDAY 9M-4PM</div> <div>FRIDAY 9AM-3PM</div>	<div></div>	<div>GWEN FRANKEL</div> <div>NICOLE WARDENFELT</div> <div>HAIRSTYLIST</div> <div>DINA LABARGE</div> <div>NAIL STYLIST</div> <div>KATE HASSEL</div> <div>IN-APARTMENT MASSAGE THERAPIST BY APPT</div>		<div>7:30 CB Loser Club/LH 1</div> <div>9:00-1 RSVT Transportation/L</div> <div>1:30 Bridge Club/CR</div> <div>6:45 Trans. To: NC Jazz Festival Opening Night/(10 free tickets)/L</div> <div>7:00 Billiards/BL</div> <div>BAYWATCH #8 RELEASED</div>	<div>GROUNDHOG DAY 2</div> <div>9:00-1 RSVT Transportation/L</div> <div>1:30 Jewelry w/Florence/AS</div> <div>2:00 Maintenance Committee Meeting/CR</div> <div>7:45 1st Friday Bridge/CR</div>	<div>10:00-12:00 Cape Fear Music Teacher's Program: Composer Chrissy Ricker Workshop/F</div> <div>6:15 Trans. To: UNCW Accapellooza/L</div>
<div>9:30 Catholic Communion Service/BC 4</div> <div> 6:30pm Philadelphia Eagles vs. New England Patriots/BL</div> <div>CAROLINA BAY ACADEMY AWARDS NOMINATING WEEK</div>	<div>9:00-1 RSVT Transportation/L 5</div> <div>1:00 Hand & Foot/CR</div> <div>3:00 "The Quest" Study with John Solano/CH</div> <div>7:00 Prize Bingo/CR</div>	<div>9:00-1 RSVT Transportation/L 6</div> <div>1:00 Mahjongg/CR</div> <div>2:00 Newcomer's Welcome with Vivian DeSanto/BL</div> <div>2-5:00 Part 1: "Gone With The Wind"/F</div> <div>3:30 Kitchen Tour with Mo/PUB</div>	<div>9:00-1 RSVT Transportation/L 7</div> <div>10:30 Protestant Service/BC</div> <div>1:30 Bridge Club/CR</div> <div>2-5:00 Part 2: "Gone With The Wind"/F</div> <div>3:00 Knit,Stitch, Craft, Chat Meeting/L</div> <div>7:00 Poker Group/BL</div>	<div>7:30 CB Loser Club/LH 8</div> <div>9:00-1 RSVT Transportation/L</div> <div>1:00 Monthly Movie Pickers Meeting/CR</div> <div>1:30 Bridge Club/CR</div> <div>6:45 OUTING: Thalian Theater Dress Rehearsal of "Oliver"/L</div> <div>6:45 Trans. To: NC Symphony "Symphonic Stories"/\$L</div> <div>7:00 Billiards/BL</div>	<div>9:00-1 RSVT Transportation/L 9</div> <div>9:00 Breakfast Social: Bagels & English Muffins/LH</div> <div>1:30 Jewelry w/Florence/AS</div> <div>3:00 Line Dancing/WS</div> <div>2018 Winter Olympics Begin </div>	<div>11:00 Trans. To: Metropolitan Opera at UNCW Lumina Theater "Donzettis: L'Elisir d Amore /\$L 10</div>
<div>9:30 Catholic Communion Service/BC 11</div> <div>4:00 Hymn Sing-a-long with Sandy Stinson/F</div> <div>4:00 OUTING: Music at First Presbyterian hosting the Tallis Chamber Orchestra/L</div> <div>CAROLINA BAY ACADEMY AWARDS VOTING WEEK</div>	<div>9:00-1 RSVT Transportation/L 12</div> <div>10:00 Bible Study/CH</div> <div>1:30 Book Club/CR</div> <div>3:00 "The Quest" Study with John Solano/CH</div> <div>4:00 Activity Committee Meeting/AS</div> <div>4:00 DOLLAR BINGO/F</div>	<div>MARDI GRAS 13</div> <div>9:00-1 RSVT Transportation/L</div> <div>1:00 Mahjongg/CR</div> <div>2:00 Tech Tuesday w/Zack (Apple Devices)/F</div>	<div>Valentine's Day & Ash Wednesday 14</div> <div>9:00-1 RSVT Transportation/L</div> <div>10:30 Protestant Service/BC</div> <div>11:00 INSPIRE Intern "Heart Health"/WS</div> <div>11:00 ALOHA Library Monthly Visit/L</div> <div>1:30 Bridge Club/CR</div> <div>2:00 Wellness Committee Meeting/WS</div> <div>3:00 Baywatch Meeting/AS</div> <div>5:30-6:30 Complimentary Champagne & Chocolate Booth/LHM</div> <div>7:00 Poker Group/BL</div>	<div>7:30 CB Loser Club/LH 15</div> <div>9:00-1 RSVT Transportation/L</div> <div>10:00 Audiology of Wilmington Monthly Visit/CR</div> <div>11:00 Environmental Services Comm./CR</div> <div>1:30 Bridge Club/CR</div> <div>4:00 Operations Committee Meeting/BL</div> <div>4:00 "Give My Regards to Broadway" Musical Program with Phil Bruschi/F</div> <div>7:00 Billiards/BL</div>	<div>9:00-1 RSVT Transportation/L 16</div> <div>11:00 Resident Council Meeting/CR</div> <div>1:30 Jewelry w/Florence/AS</div> <div>3:00 How to Live at Carolina Bay Monthly Resident Meeting/F</div>	<div>11:00 Trans. To: Metropolitan Opera at UNCW Lumina Theater "Donzettis: L'Elisir d Amore /\$L 17</div>
<div>18</div> <div>9:30 Catholic Communion Service/BC</div> <div>6-9pm GB2 EVENT IN FORUM</div>	<div>President's Day 19</div> <div>9:00-1 RSVT Transportation/L</div> <div>1:00 Hand & Foot/CR</div> <div>3:00 "The Quest" Study with John Solano/CH</div> <div>4:00 "Love Is In The Air" Sing-a-Long with Sandy Stinson/F</div>	<div>9:00-1 RSVT Transportation/L 20</div> <div>1:00 Mahjongg/CR</div> <div>1:30 Interest Group Meeting: Antique Lovers/AS</div> <div>5:00 1st Floor Happy Hour/AS</div> <div>7:15 Trans. To: "CABARET" at the Wilson Center/BUS ALREADY FULL/L</div> <div>ALL VOTING SLIPS DUE</div>	<div>9:00-1 RSVT Transportation/L 21</div> <div>10:30 Protestant Service/BC</div> <div>1:30 Bridge Club/CR</div> <div>4:00 SPEAKER: Wilmington's Mayor Bill Saffo/F</div> <div>7:00 MEN'S POKER NIGHT/BL</div>	<div>7:30 CB Loser Club/LH 22</div> <div>9:00-1 RSVT Transportation/L</div> <div>1:30 Bridge Club/CR</div> <div>4:45 OUTING: Out to Dinner to The Deckhouse in Carolina Beach/\$L</div> <div>7:00 Billiards/BL</div>	<div>9:00-1 RSVT Transportation/L 23</div> <div>9:00 Breakfast Social: Hot Krispy Kreme Donuts/LH</div> <div>1:30 Jewelry w/Florence/AS</div> <div>3:00 Line Dancing/WS</div> <div>400 "ACADEMY AWARDS" OF CAROLINA BAY WITH SCOTTI STRINGZ ON GUITAR/F</div> <div>MARCH CALENDAR RELEASED</div>	<div>11:30 Trans. To: Metropolitan Opera at UNCW Lumina Theater "Puccinis La Boheme"/\$L 24</div>
<div>25</div> <div>9:30 Catholic Communion Service/BC</div> <div>6:45 Trans To: Chamber Music Wilmington "Acronym" (10 Free Tickets)/\$L</div>	<div>9:00-1 RSVT Transportation/L 26</div> <div>1:00 Hand & Foot/CR</div> <div>3:00 "The Quest" Study with John Solano/CH</div> <div>4:00 Dollar Bingo/F</div> <div>5:00 MARCH SIGN-UP BOOK OUT</div>	<div>9:00-1 RSVT Transportation/L 27</div> <div>1:00 Mahjongg/CR</div> <div>2:00 Tech Tuesday w/Zack (Android Devices)/F</div>	<div>9:00-1 RSVT Transportation/L 28</div> <div>10:30 Protestant Service/BC</div> <div>1:30 Bridge Club/CR</div> <div>3:00 Baywatch Meeting/AS</div> <div>7:00 Poker Group/BL</div>	<div></div>		

YOUR CAROLINA BAY STAFF

Bill Piper	<i>Executive Director</i>	Gay Sawyers	<i>Office Manager</i>
Nancy Bartlett	<i>Marketing Director</i>	Erin Rhyne	<i>Life Enrichment Director</i>
Nate Futrell	<i>Wellness Director</i>	Seth Geradot	<i>Maintenance Director</i>
Julie Covich	<i>Day Receptionist</i>	Trudi Buchman	<i>Evening Receptionist</i>
Dana Peterson	<i>Housekeeping Supervisor</i>	Dermot Mackin	<i>Transportation Driver</i>
Zack Alaimo	<i>Maintenance Assistant</i>	Marianna Stacy	<i>Community Outreach Educator</i>

MORRISON'S DIETARY STAFF

T.J. Milliron, *Executive Chef*
Mo Moore, *Chef's Assistant*

MONTHLY BACKGROUND KITCHEN TOUR WITH MO
TUESDAY, FEBRUARY 6TH AT 3:30PM, MEET IN THE PUB
LIMITED TO FIRST 6 THAT SIGN UP DUE TO SPACE