Thursday Sunday Monday **Tuesday** Wednesday **Friday** Saturday DECEMBER 9:00 Cardio & Strength 9am-1pm RSVT Christmas Buffet 9am-1pm RSV-Teeter 9am-1pm RSVT CAMPUS VENUES 9:15 Catholic @ BM/L 9:00 Bay Balance 9:00 Cardio & Strength 6:15 Chordsmen 9:00 Bay Balance 10:00 Bike Autumn Hall/WL 11:00 Dynamic Balance 10:00 Walk Autumn Hall/WL Christmas Concert/Lobby 10:00 Walk Autumn Hall/WL IN THE LIGHTHOUSE MARKET Library 10-12:00 Photo Directory/BL 11:00 Functional Fitness 11:00 Dynamic Balance Lobby 11:00AM-2:00PM 12:30 Out to Costco/L 11:00 Functional Fitness BL Billiards Lounge 2:30 Holiday Flea @ BAC/L 6:15 TACT presents: Babes in Please RSVP to Front Desk bu Art Studio Toyland/L CAROLINA BEACH FLOTILLA CR Card Room Wednesday, December 23rd. Forum LH The Lighthouse Market 9am-1pm RSVT 9:00 Cardio & Strength () 9am-1pm RSV-Teeter 9am-1pm RSVT 11 **12** No Wellness Classes 6:30 Lighting of the CBG Carolina Bay Grill 9:00 Bay Balance 9:00 Bay Balance 10:00 Bike Autumn Hall/WL 9:00 Cardio & Strength Menorah Ceremony @ Cape Fear Pub 11:00 Dynamic Balance 11:00 Functional Fitness 11:00 Dynamic Balance 10:00 Walk Autumn Hall/WL 9am-1pm RSVT-WalMart Brightmore Independent BW Breakwaters Private DR 1:30 Duplicate Bridge Mtg/CF 1:00 MahJongg /CR 6:45 Thalian presents: 11:00 Functional Fitness 3:30 Billiards 101/BL CY Courtyard (Ind. Act.) 4:30 Fireside Stories with Egg MAME/L 4:00 Cookie Swap & Wine 4-6:00pm Wellness Lounge Nog & Smore/CY Tasting/AS HANUKKAH Reflections Spa & Salon Open House **BEGINS AT SUNSET** Fitness Center AC **Aquatics Center** ZG Zen Garden 9am-1pm RSVT Happy Birthday, Erin 9am-1pm RSVT-16 17 9am-1pm RSVT 9am-1pm RSV-Teeter 14 9:00 Cardio & 18 19 WS Wellness Studio Rhyne! WalMart 9:00 Cardio & Strength 9:00 Bay Balance 9:00 Bay Balance Strength South Entrance 10:00 Walk Autumn Hall/WL 9:00 Cardio & Strength 11:00 Dynamic Balance 9:15 Catholic @ BM/L 11:00 Dynamic Balance 3:15 Chamber Music Salon: RSVT = Reserved Transportation 10:00 Walk Autumn Hall/WI 11:00 Functional Fitness 3:30 Drop-In Winter Solstice 10:00 Bike Autumn Hall/WS 1-4:00 Gift Wrapping Booth A Courtly Holiday Tea @ The 11:00 Functional Fitness Aromas with Beth Mincher/ 3:00 Have Yourself a Merry Ind. Act. = Independent Activity 11:00 Functional Fitness the Art Studio Greystone Inn \$50/L 2:00 Stampin' Up/AS Little Christmas with Phil 6:00 Out to Dinner: Hiro's **Bold = Reservation Required** Bruschi/F & Tour of Lights/L @ the Registration Desk RESERVED TRANSPORTATION & 9am-1pm RSVT-9am-1pm RSVT 9:00 Cardio & Strength 23 9am-1pm RSV-Teeter 25 24 No RSVT PERSONAL TRANSPORTATION 20 26 WalMart 9:00 Bay Balance 9:15 Catholic @ BM/L 9:00 Bay Balance No Wellness Classes 11:00 Dynamic Balance 11:00 Dynamic Balance 9:00 Cardio & Strength 9:15 WWII Remembered @ 11:00-2:00 Christmas Buffet 10:00 Walk Autumn Hall 1:00 MahJongg /CR Snr. Cntr/L Can be made in Reservation 3:30 Open Art Studio 11:00 Functional Fitness 10:00 Bike Autumn Hall/WL Binder @ Registration Desk 3:00 Sleigh Bells Ring/AS Interest Mtg/AS 11:00 Functional Fitness Transportation to & from Medical WINTER SOLSTICE CHRISTMAS EVE CHRISTMAS RSVP DUE Appointments will be on Monday, Tuesday, Thursday & Friday. 9am-1pm RSVT 9:00 Cardio & Strength 30 9am-1pm RSVT-9am-1pm RSV-Teeter 31 28 9:00 Bay Balance Please be mindful in scheduling 9:15 Catholic @ BM/L WalMart 9:00 Bay Balance appointments no earlier than 11:00 Dynamic Balance 10:00 Bike Autumn Hall/WL 9:00 Cardio & Strength 11:00 Dynamic Balance 9:30am & no later than 12:00 noon 11:00 Functional Fitness 10:00 Walk Autumn Hall/WL 7:00 New Years Open Mic/F 11:30 Out for Lunch: Port to account for travel & traffic time. 11:00 Functional Fitness City Chop House/L Residents should meet in the Lobby by 8:45 for a 9:00am departure. NEW YEAR'S EVE All reserved transportation appointments should be scheduled Shirley Knox, Transportation by 5:00pm the night prior to date of

YOUR STAFF

appointment.

When done with medical

transportation time.

able to pick you up.

Joe Soto, Executive Director Bill Piper, Marketing Director appointment, call Shirley & she can pick you up if within scheduled Nancy Bartlett, Move-In Coordinator Nate Futrell, Wellness Director Erin Rhyne, Life Enrichment Directo IF your appointment goes past Seth Geradot, Maintenance Engineer 1:00pm, Shirley will not be

Zack Alaimo, Valet Driver Lindsay Hooks, Receptionist Christina Sullivan, Receptionist Britt Davies, Evening Receptionist Kandace Lego, Weekend Receptionist Kimberly Burleson, Weekend Receptionist

Dana Peterson, Housekeeping Kim White, Housekeeping John Feeley, Security Guard Marianna Stacy, Community Outreach Educator

MORRISON'S **DIFTARY STAFF**

T.J. Milliron, Executive Chef Joe Zondlo, Director of Culinary